

## CLAIMS

It is claimed:

1 1. An athletic training glove for use in training an athlete to properly handle a ball in  
2 sports in which the fingers and thumb should be used for principal control of the ball,  
3 the glove to be worn on an athlete's hand and comprising:

4 (a) a palm portion for substantially covering the athlete's palm, the palm portion  
5 including a first padding section;

6 (b) a back portion secured to and opposite the palm portion for holding the palm  
7 portion to the athlete's palm and the glove generally on the athlete's hand;

8 (c) a thumb portion secured to the palm portion and the back portion, the thumb  
9 portion comprising a thumb-accommodating sleeve for receiving the thumb of the  
10 athlete's hand, the thumb portion being truncated at about the location of the second  
11 thumb joint of the athlete's hand, the thumb-accommodating sleeve comprising:

12 (i) a first thumb section extending from the palm portion to about the  
13 location of the first thumb joint of the athlete's hand and including a second padding  
14 section, and

15 (ii) a second thumb section extending from about the location of the first  
16 thumb joint of the athlete's hand to the open end of the thumb-accommodating sleeve  
17 and including a third padding section;

18 (d) a finger portion secured to the palm portion and the back portion, the finger  
19 portion having four finger-accommodating sleeves for receiving the remaining four  
20 fingers of the hand, the finger-accommodating sleeves being truncated to about the

21 locations of the second joints of the athlete's hand, each finger-accommodating sleeve  
22 comprising:

23 (i) a first finger section extending from the palm portion to about the  
24 location of the respective first finger joint of the athlete's hand and including a fourth  
25 padding section, and

26 (ii) a second finger section extending from about the location of the  
27 respective first finger joint of the athlete's hand to the open end of the finger -  
28 accommodating sleeve and including a fifth padding section;

29 wherein the first padding section, the second padding section, the third padding  
30 section, the fourth padding section and the fifth padding section insulate the respective  
31 parts of the hand underneath the respective padding sections from the sense of touch,  
32 and

33 whereby substantially full flexibility of hand movement is permitted by the glove  
34 when worn.

1 2. The athletic training glove of claim 1 wherein:

2 the first padding section has a first thickness,

3 the second padding section has a second thickness about half of the first thickness,

4 the third padding section have a third thickness about half of the first thickness,

5 the fourth padding sections have a fourth thickness slightly less than the second  
6 thickness, and

7 the fifth padding sections have a fifth thickness slightly less than the third  
8 thickness.

12  
B

1 3. The athletic training glove of claim 1 wherein the palm portion and the back portion  
2 are comprised of light-weight porous strong fabric.

1 4. The athletic training glove of claim 3 wherein the fabric of the back portion  
2 comprises spandex.

1 5. The athletic training glove of claim 1 wherein the first padding section, the second  
2 padding section, the third padding section, the fourth padding section and the fifth  
3 padding section comprise brushed cloth cotton fabric.

1 6. The athletic training glove of claim 1 wherein the palm portion, thumb portion and  
2 finger portion comprise light cotton, rawhide-like fabric.